

Information about routine check-ups in early childhood

In the first few years, your child will reach many developmental milestones. Regular check-ups are provided in order to recognise potential illnesses and developmental delays, and to be able to treat them accordingly. These are an important part of your child's health care. Costs are covered by the health insurance.

Within the first few years of life, a paediatrician will examine whether your child is developing healthily and age-appropriately. The results of each check-up will be explained to you.

At all of these check-ups, you will have the opportunity to discuss your child's development and to ask questions concerning topics such as vaccinations, nutrition and accident prevention.

Please make use of this offer and attend the check-ups!



All children up to the age of six should take part in early detection screenings. Parents will receive an invitation to these screenings from the Landesfamilienbüro in good time.

Please take this letter with you to your appointment with the paediatrician. It will be stamped at the surgery and sent back to the relevant authority. If the authority does not receive certification that the early detection screening has been carried out, you will be sent a reminder. The relevant municipal authorities will be informed if there is still no reply. They will check whether you or your children require support.

At the dental check-ups (UZ), your dentist will give you advice on your child's dental hygiene, teething, using dummies, drinking bottles and cups, tooth-friendly nutrition and, of course, on all other issues concerning milk teeth. It is recommended that your child sees the dentist every six months.

Which check-up	When?	What is being checked? What advice will I receive?
U1	Immediately after being born	<ul style="list-style-type: none"> - Breathing and heart function - Weight and size - Reflexes
U2	3 to 10 days	<ul style="list-style-type: none"> - Internal organs and sensory organs - Nutrition - Early detection of metabolic disorders - Newborn hearing screening
U3	4 to 5 weeks	<ul style="list-style-type: none"> - Nutritional status - Hip joints - Ocular responses, hearing - Recommended vaccinations - Crying and sleeping
U4	3 to 4 months	<ul style="list-style-type: none"> - Movement and activity - Sight and hearing - Growth - Accident prevention - Vaccinations

Which check-up	When?	What is being checked? What advice will I receive?
U5	6 to 7 months	<ul style="list-style-type: none"> - Physical development, movement and activity - Nutrition - Behaviour, crying - Vaccinations
UZ 1a	First visit to the dentist 6 to 9 months	<ul style="list-style-type: none"> - Introduction for parents about dental care for children and babies - Advice on teething
U6	10 to 12 months (around 1 year)	<ul style="list-style-type: none"> - Physical development, first steps - Speech development - Hearing and sight - Behaviour - Vaccinations
UZ 1b	Dental examination 15 to 18 months	<ul style="list-style-type: none"> - Using dummies, drinking bottles and cups - Tips for tooth-friendly nutrition
U7	21 to 24 months (around 2 years)	<ul style="list-style-type: none"> - Physical and mental development - Sensory organs - Speech development - Vaccinations
UZ 2a+b	Dental examination 24 to 30 months	<ul style="list-style-type: none"> - Milk teeth are now complete - Recommendations for dental hygiene
U7a	34 to 36 months (around 3 years)	<ul style="list-style-type: none"> - Physical and mental development - Speech development - Behaviour
UZ 3a+b	Dental examination 36 to 42 months	<ul style="list-style-type: none"> - Information about techniques for cleaning teeth
U8	46 to 48 months (around 4 years)	<ul style="list-style-type: none"> - Physical development and dexterity - Hearing and sight tests - Speech development - Ability to make contact and independence
UZ 4a+b	Dental examination 48 to 54 months	<ul style="list-style-type: none"> - Checking for tooth and jaw misalignments - Estimating the risk of caries
U9	60 to 64 months (around 5 years)	<ul style="list-style-type: none"> - Posture, flexibility, dexterity - Hearing and sight - Speech development and behaviour - Checking that vaccinations are up to date and complete
UZ 5a+b	Dental examination 60 to 66 months	<ul style="list-style-type: none"> - Fluoride recommendations - Adult teeth are beginning to come through
UZ 6	Dental examination around 6 years	<ul style="list-style-type: none"> - Protective measures for adult teeth and information about losing teeth